



Santee Seniors 55+

Get Involved • Stay Connected • Be Active

For more information about programs and trips for active older adults please visit santeerec.com and scroll down to Santee Seniors 55+ or call (619) 258-4100 ext. 222

Senior Group

**Most Tuesdays/Wednesdays/Thursdays
9:00am**

Active older adults meet to get involved, stay connected and be active. Pre-registration is not required. Enjoy the company of others, make new friends and take advantage of the activities during the week. Monthly calendar available online, or at City Hall, Building 6.

Out and About

A day-tripper's delight, this program is for adventurous older adults who like to explore local and regional destinations within San Diego County. Transportation is not provided, participants are encouraged to carpool or utilize public transportation when available. Pre-registration is required. To pre-register you can sign up at Senior Group or call (619)258-4100 ext. 222. Monthly calendar available online or at Senior Group.

First Wednesday

**First Wednesday of each month
9:00-11:00am**

Join Santee Senior Group for a different activity the first Wednesday of each month at the library. Activities include cooking, author signings, guest speakers and book to film. Santee Library, 9225 Carlton Hills Blvd. Light breakfast included.



Forever Fit Class- Cameron Family YMCA

The YMCA has graciously invited our Santee Seniors 55+ group to attend their Forever Fit class for free at 11:15am on Tuesdays on the following dates: 1/9, 2/13 and 3/13. The class is chair-based fitness using seated and standing exercises. The benefits are cognitive health, cardiovascular fitness and muscular strength. Must bring a valid state ID and sign a waiver to attend, the waiver is valid for one year.

Volunteer Opportunities

Looking for an opportunity to get involved and give back to the community? The City of Santee offers a variety of volunteer opportunities with youth programs, special events and parks. If you are interested in volunteering, please contact us. (619) 258-4100 ext. 222

Financial aid is available for Santee residents to participate in recreation programs and trips. Submit your VIP application to find out if you are eligible for a \$45 credit per season





Off Broadway Live presents...Dating in the Age of Wrinkles

If you think dating as a teenager was difficult, follow these five people as they try to learn the “do’s & don’ts”, and the “rights & wrongs” of dating in an age of wrinkles. This musical play promises to be an enlightening and fun journey.

Date: Sunday, March 11, 2018

Time: 3:00 pm

Fee: \$24 Santee Resident, \$29 Non-Resident

Registration Deadline: February 28, 2018

Location: Off Broadway Live, 9490 Cuyamaca St. Santee, CA 92071

Course number: 5201.302

Safari Park Bus Trip

Come along with us and be tourists in our own county as we visit San Diego Zoo’s Safari Park in Escondido. The park houses a large array of wild and endangered animals including species from the continents of Africa, Asia, Europe, North and South America and Australia. The free-range enclosures house such animals as antelopes, giraffes, buffalo, cranes and rhinoceros. There are also various shows held throughout the day to get a closer look at some of the animals that call the park home.

Date: Thursday, March 8, 2018

Departure Time: 9:00am

Return Time: approximately 5:00pm

Fee: \$50 Santee Resident, \$65 Non-Resident

Departure and Return Location:

Santee City Hall, Bldg. 8 parking lot.
10601 Magnolia Ave., Santee, CA 92071

Includes: Transportation sponsored by SPARC and admission to the park.

Bring: Money for lunch, snacks & gift shop. May also bring your own lunch and snacks.

Registration Deadline: February 26, 2018

Course number: 5201.301

Bus seats will be selected by order of enrollment. If you require seating accommodations please indicate when registering. There will be a good amount of walking so plan accordingly.

Bus Trip to the Getty Center

The Getty, as locals like to call it, is well known for its architecture, gardens, and views overlooking Los Angeles. The center branch of the Museum features pre-20th-century European paintings, drawings, illuminated manuscripts, sculpture and decorative arts as well as 19th- and 20th-century American, Asian, and European photographs. In addition, the Museum’s collection at the Center includes outdoor sculptures displayed on the terraces and in the gardens including the large Central Garden designed by Robert Irwin. Among the artwork on display is the Vincent Van Gogh painting, *Irises*.

Seniors are welcome to invite non-senior friends and family members to attend – trip is open to ages 13 and over. All attendees must register.

Date: Sunday, May 6, 2018

Departure Time: 7:30am

Return Time: approximately 6:30pm

Fee: \$20 Santee Resident, \$27 Non-Resident

Departure and Return Location:

Santee City Hall, Bldg. 8 Parking Lot.
10601 Magnolia Ave., Santee, CA 92071

Includes: Transportation sponsored by SPARC. Registration fee includes entrance to the Getty Center and lunch.

Bring: Money for snacks & gift shop

Registration Deadline: April 23, 2018

Course number: 5201.403

Bus seats will be selected by order of enrollment. If you require seating accommodations please indicate when registering. There will be a good amount of walking so plan accordingly.