



JANUARY

January 2 8:45am

Zumba Gold: Certified instructor leads this active Zumba dance class

January 3 9:00am

San Diego County Parks History/book signing: *San Diego County Parks- Over 100 years*

January 4 8:45am

Chair Yoga: Certified instructor leads this low impact yoga class

January 5 10:00am

Mystery Book Club: *Twelve Angry Librarians* by Miranda James

January 6 1:00pm

Mah Jongg for Beginners: Learn the basics of American Mah Jongg from experienced players

January 9 8:45am

Zumba Gold: Certified instructor leads this active Zumba dance class

January 11 8:45am

Chair Yoga: Certified instructor leads this low impact yoga class

January 12 9:00am

Yarn Circle: Socialize and share project advice with knitting and crocheting enthusiasts

January 16 8:45am

Qui Gong: Certified instructor leads this class to gather and circulate internal energy

January 18 8:45am

Chair Yoga: Certified instructor leads this low impact yoga class

January 19 10:00am

Breakfast and Books: Enjoy refreshments as library staff share their favorite books

January 20 1:00pm

Mah Jongg for Beginners: Learn the basics of American Mah Jongg from experienced players

January 23 8:45am

Qui Gong: Certified instructor leads this class to gather and circulate internal energy

January 24 6:30pm

Financial Wellness: SDCCU professionals offer advice on understanding credit reports and preventing identity theft

January 25 8:45am

Chair Yoga: Certified instructor leads this low impact yoga class

January 26 10:00am

Oasis: Uniqueness of the San Diego Region- SDSU Professor Emeritus Dr. Phillip Pryde leads this engaging discussion on why San Diego is arguably the most unique county in America. Dr. Pryde will be signing copies of his book, *San Diego: An Introduction to the Region*

January 30 8:45am

Qui Gong: Certified instructor leads this class to gather and circulate internal energy

**HAPPY NEW YEAR!
2018**

Library is closed Monday, January 1st and Monday, January 15th