



May 1 8:45am

Zumba Gold: Certified instructor leads this active Zumba dance class

May 2 9:00am

Author Talk: Roger Conlee- Local mystery author Roger Conlee will give expert advice on how to write a novel well, and book talk his newest novel, "After the Wind". Caught up investigating a murder connected to the Hearst family, newspaper reporter Jake Weaver finds himself a suspect and desperate to solve the murder before he becomes a victim.

May 3 8:45am

Chair Yoga: Certified instructor leads this low impact yoga class

May 4 10:00am

Mystery Book Club- Discussion: *Black Chalk* by Christopher Yates

May 5 1:00pm

Mah Jongg for Beginners: Learn the basics of American Mah Jongg from experienced players

May 8 8:45am

Zumba Gold: Certified instructor leads this active Zumba dance class

May 9 11:30am

Paper crafts: Professional crafter Annelvira leads a class making unique paper home decor. All materials provided.

May 10 8:45am

Chair Yoga: Certified instructor leads this low impact yoga class

May 11 9:00am

Yarn Circle: Share projects and advice with other knitting/crocheting enthusiasts

May 11 10:00am

Local musician and teacher Chris Burns returns to share the history and music of the great American composers Ferde Gofe and George Gershwin (part 2 of 3)

May 14 10:00am

OASIS: Retirement & Estate Planning with Johnathan Doering

May 15 8:45am

Qi Gong: Certified instructor leads this class to gather and circulate internal energy

May 17 8:45am

Chair Yoga: Certified instructor leads this low impact yoga class

May 18 10:00am

Breakfast and Books: Special Event- enjoy a breakfast buffet as Random House representative Steve Atinsky shares new and upcoming releases in his rapid-fire book reviews

May 19 1:00pm

Mah Jongg for Beginners: Learn the basics of American Mah Jongg from experienced players

May 21 8:45am

Take Charge of your Health: Brain Fit Now - Tips to Boost Your Brain Health with Judi Bonilla

May 22 8:45am

Qi Gong: Certified instructor leads this class to gather and circulate internal energy

May 24 8:45am

Chair Yoga: Certified instructor leads this low impact yoga class