

SANTEE BRANCH LIBRARY

9225 CARLTON HILLS BLVD
SANTEE, CA 92071 619-448-1863

SENIOR ACTIVITIES



January 3	8:45am	Chair Yoga: Certified instructor leads this low impact yoga class
January 5	8:30am	Hatha Yoga: Certified instructor leads this energizing yoga class
January 5	1:00pm	Mah Jongg for Beginners: Learn the basics of American Mah Jongg from experienced players
January 8	8:45am	Zumba Gold: Certified instructor leads this active Zumba dance class
January 9	9:00am	OASIS class: Camp Pendleton- Stories of the land and Marines in Southern California. The class will be held at Santee City Hall, Building 7 (10601 Magnolia Avenue).
January 9	12:00pm	Paper Craft: Professional crafter Annelvira leads a class making unique paper home decor. All materials provided.
January 10	8:45am	Chair Yoga: Certified instructor leads this low impact yoga class
January 11	9:00am	Yarn Circle: Share projects and advice with fellow knitting/crocheting enthusiasts
January 12	8:30am	Hatha Yoga: Certified instructor leads this energizing yoga class
January 12	1:00pm	OASIS class: What Philosophers Have Thought About Friendship– Discover the historical value and importance of friendship.
January 15	8:45am	Qi Gong: Certified instructor leads this class to gather and circulate internal energy
January 16	6:30pm	Financial Wellness Wednesday: Psychology of Spending- SDCCU specialists share how to avoid the pitfalls of overspending
January 17	8:45am	Chair Yoga: Certified instructor leads this low impact yoga class
January 18	10:00am	Breakfast & Books: Enjoy coffee and pastries while librarians book talk their favorite titles
January 19	8:30am	Hatha Yoga: Certified instructor leads this energizing yoga class
January 19	1:00pm	Mah Jongg for Beginners: Learn the basics of American Mah Jongg from experienced players
January 22	8:45am	Qi Gong: Certified instructor leads this class to gather and circulate internal energy
January 24	8:45am	Chair Yoga: Certified instructor leads this low impact yoga class
January 26	8:30am	Hatha Yoga: Certified instructor leads this energizing yoga class
January 31	8:45am	Chair Yoga: Certified instructor leads this low impact yoga class

Library will be closed on Tuesday, January 1