

SANTEE BRANCH LIBRARY

9225 CARLTON HILLS BLVD
SANTEE, CA 92071 619-448-1863

SENIOR ACTIVITIES



February 2	8:30am	Hatha Yoga: Certified instructor leads this energizing yoga class
February 2	1:00pm	Mah Jongg for Beginners: Learn the basics of American Mah Jongg from experienced players
February 5	8:45am	Zumba Gold: Certified instructor leads this active Zumba dance class
February 6	9:30am	Financial Wellness with SDCCU: <i>Understanding Credit Reports, Preventing Identity Theft and Scams</i> The class will be held at Santee City Hall, Building 7 (10601 Magnolia Avenue).
February 7	8:45am	Chair Yoga: Certified instructor leads this low impact yoga class
February 9	8:30am	Hatha Yoga: Certified instructor leads this energizing yoga class
February 12	8:45am	Zumba Gold: Certified instructor leads this active Zumba dance class
February 13	11:30am	Paper Crafts: Professional crafter Annelvira leads a class making unique paper home decor. All materials provided.
February 14	8:45am	Chair Yoga: Certified instructor leads this low impact yoga class
February 15	10:00am	Breakfast and Books: US Executive Order 9066– Local historian Linda Canada shares her research into Executive Order 9066, and its impact on Japanese Americans during World War II.
February 16	8:30am	Hatha Yoga: Certified instructor leads this energizing yoga class
February 16	1:00pm	Mah Jongg for Beginners: Learn the basics of American Mah Jongg from experienced players
February 19	8:45am	Qi Gong: Certified instructor leads this class to gather and circulate internal energy
February 21	8:45am	Chair Yoga: Certified instructor leads this low impact yoga class
February 22	10:00am	OASIS class: A Day in the Life of a Gold Rush Physician– Dr. Philip Goscienski, MD shares fascinating facts about emerging technologies and procedures from this chaotic time in medical history.
February 23	8:30am	Hatha Yoga: Certified instructor leads this energizing yoga class
February 26	8:45am	Qi Gong: Certified instructor leads this class to gather and circulate internal energy
February 28	8:45am	Chair Yoga: Certified instructor leads this low impact yoga class