

# SANTEE BRANCH LIBRARY

9225 CARLTON HILLS BLVD  
SANTEE, CA 92071 619-448-1863

SENIOR ACTIVITIES

## March

March 2	8:30am	Hatha Yoga: Certified instructor leads this energizing yoga class
March 2	1:00pm	Mah Jongg for Beginners: Learn the basics of American Mah Jongg from experienced players
March 5	8:45am	Zumba Gold: Certified instructor leads this active Zumba dance class
March 6	10:00am	OASIS Class: <i>What's in a Name: Origins of San Diego Place Names</i> - There's a story behind every place name, Vincent Rossi shares stories about the history of San Diego County's place names. The class will be held at Santee City Hall, Building 7 (10601 N Magnolia).
March 7	8:45am	Chair Yoga: Certified instructor leads this low impact yoga class
March 9	8:30am	Hatha Yoga: Certified instructor leads this energizing yoga class
March 12	8:45am	Zumba Gold: Certified instructor leads this active Zumba dance class
March 13	11:30am	Paper Crafts: Professional crafter Annelvira leads a class making unique paper home decor. All materials provided.
March 14	8:45am	Chair Yoga: Certified instructor leads this low impact yoga class
March 15	10:00am	Breakfast and Books- <i>On A Mission: an 800 mile walk to discover California's El Camino Real</i> - Local travel author Maggie Espinoza brings California's missions to life in this picture-filled program of her adventures walking the El Camino Real.
March 16	8:30am	Hatha Yoga: Certified instructor leads this energizing yoga class
March 16	1:00pm	Mah Jongg for Beginners: Learn the basics of American Mah Jongg from experienced players
March 19	8:45am	Qi Gong: Certified instructor leads this class to gather and circulate internal energy
March 21	8:45am	Chair Yoga: Certified instructor leads this low impact yoga class
March 23	8:30am	Hatha Yoga: Certified instructor leads this energizing yoga class
March 23	1:00pm	OASIS class- <i>Spiritual but not Religious: Religious feeling without religion</i> - Larry Solomon, PhD takes a closer look at the demographics of those who claim to be spiritual but not religious and will include an exploration of the emerging field of neurotheology.
March 26	8:45am	Qi Gong: Certified instructor leads this class to gather and circulate internal energy
March 28	8:45am	Chair Yoga: Certified instructor leads this low impact yoga class
March 30	1:00pm	Mah Jongg for Beginners: Learn the basics of American Mah Jongg from experienced players

