



Santee Seniors 55+

Get Involved • Stay Connected • Be Active



For more information about programs and trips for active older adults please visit SanteeRec.com and scroll down to Older Adults or call (619) 258-4100 ext. 222

Senior Group

**Tuesdays/Wednesdays/Thursdays
9:00am**

Active older adults meet to get involved, stay connected and be active. Pre-registration is not required. Enjoy the company of others, make new friends, and take advantage of the activities during the week. Monthly calendar available online at SanteeRec.com or at City Hall, Building 6.

Out and About

A day-tripper's delight, this program is for adventurous older adults who like to explore local and regional destinations within San Diego County. Participants generally take the trolley as a group to any destinations out of the East County area. For our trips occurring within East County, the group will meet at the destination, and carpooling is encouraged. Pre-registration is required. To pre-register you can sign up at Senior Group or call (619) 258-4100 ext. 222.

First Wednesday

**First Wednesday of each month
9:00-11:00am**

The Santee Branch Library is sponsoring activities on the first Wednesday of the month at Santee City Hall in Building 7 (10601 Magnolia Avenue). Activities include musical acts, cooking, author signings, and guest speakers presenting on a variety of topics. Coffee included.

Senior Trips

Menopause The Musical at the Welk Resort Theatre Escondido

Come join our sisterhood! Four women at a lingerie sale with nothing in common but a black lace bra and memory loss, hot flashes, night sweats, and more! This hilarious musical parody set to classic tunes from the '60s, '70s and '80s will have you cheering and dancing in the aisles. See what millions of women worldwide have been laughing about for 16 years. It's the hilarious celebration of women and the change.

We will take a chartered bus trip to Escondido just north of San Diego to the Welk Resort Theatre for a sit down lunch and exciting show. The plated lunch is included with your registration and includes soup or salad and your choice of the following:

- Pot roast, mashed potatoes, vegetables
- Chicken picatta, mashed potatoes, seasonal vegetables
- Teriyaki salmon with fruit chutney, wild rice, vegetables
- Vegetarian pasta with garlic bread, choice of soup or salad

Seniors are welcome to invite non-senior friends and family members to register to attend. Trip is open to ages 13 and over.

Date: Sunday, April 28, 2019

Departure Time: 9:45 am

Return Time: approximately 4:30 pm

Fee: \$65 Santee Residents, \$80 Non-Residents

Departure and Return Location:

Santee City Hall, Bldg. 8 Parking Lot
10601 Magnolia Ave., Santee, CA 92071

Includes: Transportation sponsored by SPARC, theater ticket and lunch.

Bring: Money for snacks & gift shop

Registration Deadline: Deadline: April 1, 2019

Course number: 5201.303

Bus and theater seats will be selected by order of enrollment. If you require seating accommodations please indicate when registering.

NEW! SAVE THE DATE!

Santee Senior Spring Luncheon

Wednesday, May 15

11:00am - 1:00pm

More details to come!

Financial aid is available for Santee residents to participate in recreation programs and trips. Submit your VIP application to find out if you are eligible for a \$45 credit. Participants may apply for financial assistance once every quarter. Credit may be applied to any senior activity requiring a fee to participate.